



David G. Schardt, M.S.

***Senior Nutritionist
Center for Science in the Public Interest***

David G. Schardt, M.S., is a senior nutritionist at the Center for Science in the Public Interest (CSPI), a nonprofit consumer advocacy group specializing in food, nutrition, and dietary supplement issues. He has been writing about nutrition for the general public and for professionals for more than 25 years. His articles covering most aspects of food, nutrition, and dietary supplements have appeared in numerous magazines, newspapers, newsletters, college textbooks, and Web sites. His reports on nutrition and dietary supplements are featured in the monthly *Nutrition Action Healthletter*, the nation's most popular nutrition newsletter. He helped to write and edit the landmark *Surgeon General's Report on Nutrition and Health*. His book *Eating Leaner and Lighter*, published by Warner Books, was recommended for sensible nutrition by the U.S. Department of Agriculture's Food and Nutrition Information Center. He has served on panels advising the U.S. Department of Health and Human Services' Agency for Healthcare Research and Quality, the United States Pharmacopoeia, and the Association of Official Analytical Chemists (AOAC) on dietary supplement issues. He received his graduate degrees in nutrition and biochemistry from Oregon State University and has graduate study and research experience with Cornell University's Division of Nutritional Sciences.